

Connection

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**THE MOST
LIVE TV
COVERAGE
IN OLYMPICS
HISTORY.**



Rio Summer Olympics

6,755 hours of programming available

The networks and digital platforms of NBCUniversal will present an unprecedented 6,755 hours of programming for the Rio Summer Olympic Games this month.

NBC will broadcast 260.5 hours of Olympic programming, including coverage of the Opening and Closing Ceremonies, swimming, gymnastics, track and field, and many more of the Games' most popular sports.

NBCU's cable networks will carry an additional 2,084 hours with *NBCOlympics.com* and the NBC Sports app live streaming 4,500 total hours.

Coverage will begin with the Opening Ceremony on Friday, Aug. 5, with primetime coverage on NBC running from Aug. 5 to 21.

From your TV to your tablet, there are many ways to enjoy Rio Olympic coverage:

On TV

- KWQC or KWWL – NBC (ch. 6/7 or 206/211 HD)
- CNBC (ch. 34 or 634 HD)
- NBCSN (ch. 68 or 668 HD)
- Golf Channel (ch. 41 or 641 HD)
- USA (ch. 22 or 622 HD)
- MSNBC (ch. 33 or 633 HD)
- Bravo (ch. 74 or 674 HD)
- Olympic Basketball Channel (ch. 111 or 711 HD)
- Olympic Soccer Channel (ch. 112 or 712 HD)

On the Web

Watch many of the channels listed above online on your computer with F&B's *www.WatchTVEverywhere.com*.

Tablet, smartphone or streaming device users can access content with the "NBC Sports Live Extra" app available for Apple, Android and streaming devices. Authentication is required using F&B WatchTVEverywhere credentials.

Internet boost for the school year

The start of the school year is a great time to upgrade your home's Internet plan. After all, the whole family puts heavyweight demands on your connection with multiple devices, streaming and more.

Quit fighting with slow speeds and call (563) 374-1236 to upgrade.

DVR series record

Take the guess-work out of recording your favorite TV shows. Use the Series Record feature to automatically schedule recordings and never miss the next episode. For instructional videos, go to *www.fbc-tele.com* and click Video.

Speed check

Use the F&B speed test available at *www.fbcom.net* to confirm your Internet connection speed. This test is hosted on F&B servers and provides a gauge of your available bandwidth.

Make sure to legally download movies, TV shows, music

With so many options out there for accessing digital entertainment, it can be confusing to determine what's legal and what's not. However, it's important to be informed so you stay within legal parameters and don't engage in copyright infringement. As a start, review these guidelines:

Watch for titles that are "too new to be true." Movies that have yet to be released in theaters, or which are still out in theaters, are not legally available online.

Trust your eyes and ears. In many cases, the quality of illegal copies is inferior with poor sound and can appear blurry or shaky.

Be cautious when websites make offers that are "too good to be true." Be wary of "free" content when searching for and purchasing downloads from unfamiliar sites.

For additional resources, including details about the Copyright Alert System, visit *http://www.copyrightinformation.org*.





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BUSINESS OFFICE HOURS
Monday to Friday 8 am to 5 pm

PHONE NUMBERS
Business Office
(563) 374-1236 or (563) 574-1236
Trouble/Repair
(563) 374-1238 or (563) 574-1238
Internet Tech Support (24/7)
1-888-832-4322
Technology Solutions
(563) 374-1322

WEB SITE
www.fbc-tele.com

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Speed up your WiFi connection

F&B offers fast Internet speeds, but if your WiFi router is out of date or not set up correctly, it could be slowing you down. Here are some tips to help you maximize router performance and enjoy the Internet speed you ordered:

Upgrade your router. If your household has several people — each with a computer, phone, and tablet — your entry-level router's capacity might be exceeded. A home network with this much online activity warrants the purchase of an upgraded router.

Move your router to its ideal position. Keep your router centrally located and away from thick walls made of brick or concrete, water and windows.

Make sure your router is secure. Putting a password on your router or limiting which devices can access your network will keep other people from using your network and slowing it down.

Back to
SCHOOL

LESSON:

AVOID PROBLEMS LATER
BY GETTING A COMPUTER CLEANUP
→ NOW ←



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* Special offer valid for "system tune-up" only. Some repairs may require additional services. Contact us for details. Offer good through 9/30/16.

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Lifeline telephone assistance available

Low-income telephone assistance is available to qualifying low-income lowans as part of the federal Lifeline Program.

Lifeline is a plan that assists qualified low-income lowans by providing a monthly credit on their phone bill of \$9.25.

lowans whose income is at or below 135 percent of the Federal Poverty Guidelines or those that participate in one or more of the following programs are eligible for telephone assistance: Medicaid, Supplemental Nutrition Assistance Program (SNAP), Supplemental Security Income (SSI), Federal Public

Housing Assistance, Low-Income Home Energy Assistance Program (LIHEAP), Temporary Assistance to Needy Families Program (TANF) or National School Lunch Program (NSL).

In addition, eligible participants must not currently be receiving Lifeline assistance from another wireline or wireless provider, and no other person in the household can be subscribed to the Lifeline program.

To apply for the program, applications should be submitted to F&B. Forms are available at the F&B office. Current applicants must recertify annually. The telephone assistance plan is



funded through the federal universal service program.